

Directions:

1. Defrost puff pastry in the refrigerator for several hours or overnight.
2. Adjust top oven rack to middle position and pre-heat oven to 400°F.
3. In a large bowl, blend 1 pint of heavy whipping cream with a hand or immersion blender until it doubles in volume. Then, drizzle maple syrup into the bowl and continue blending until the mixture is light and fluffy. Cover and place in the refrigerator until ready to use.
4. Prepare an egg wash by beating one egg yolk with water until thoroughly combined. Set aside.

